

# 2025 CAMP NAMANU



## SPRING BREAK HANDBOOK

Camp Namanu  
10300 SE Camp Namanu Road  
Sandy, Oregon 97055  
503-695-6041

*This handbook includes essential details for campers and their families, including:*

- Packing Lists
  - Transportation
  - Camp Policies
- and more!

# On-site Camp Office Phone: 503-695-6041

## *Camp Director*

Sammie "Tavie" Hagen

Direct (971) 710-2259

shagen@campfirecolumbia.org

## *Registrar*

Alea "Pacific" Cohn

Direct (971) 710-2208

NamanuRegistrar@campfirecolumbia.org

## *Executive Director*

Gina "Sprout" Sander

Direct (971) 710-2223

gsander@campfirecolumbia.org

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## Spring Break Day Camp Dates:

March 24-28, 2025

9:00am-4:00pm

Please complete registration!

We are excited to have your camper with us! Your camper is only tentatively placed until the balance of all fees is paid two (2) weeks prior to the start of your camp session. If we do not receive your balance due or communication from you, your space will be canceled and given to someone on the waitlist. Your deposit will not be refunded.

**REMINDER: Bus Transportation & After-Care require pre-registration & additional fee.**

# Things to Bring

LABEL: Put your campers first and last name on as many items as possible to reduce lost and found. Bags, water bottles, clothing items, any special items from home, etc.

TO BRING:

Sack Lunch

Do not pack perishables, as refrigeration is not available

Refillable water bottle

Sunscreen

Day pack (to keep items together)

Raincoat

Sweatshirt

Change of clothes

Beanie

MEDICATION: Make sure you have medication in the original packaging.

LEAVE IT AT HOME:

- a. Irreplaceable or high value items
- b. Electronics, such as cell phones, tablets, computers, gaming devices, etc.
- c. Food, candy, gum, etc.
- d. Personal sports equipment, vehicles, or animals
- e. Weapons (including pocket knives), drugs, alcohol, and tobacco in any form.

ATTIRE:

- a. Campers should wear comfortable clothing that allows them to be active, have fun, stay warm & dry, and get dirty.
- b. Hat is strongly encouraged.

# Arrival: Check In at Camp

**Camp Drop Off Location:  
10300 SE Camp Namanu Rd  
Sandy, OR 97055**

**Bus Drop Off Location:  
11611 NE Ainsworth Cir,  
Portland, OR 97220**

## Check In Time and Location

There are two drop-off locations for this camp. Check in will begin 15 minutes before the start time for each day of camp.

- Drop Off Location 1: Camp Namanu
  - Check in will occur at Camp Namanu in Sandy at 8:45am.
- Drop Off Location 2: Bus from MESD \*\*Requires pre-reg & add'l fee\*\*
  - The bus from MESD will depart at 8:00am. Check in begins at 7:30am in the main parking lot near the side entrance.

## Check In Procedures

- For the safety of you camper, all campers must be signed in by an adult when dropped off at camp. Please stay with your camper until they are signed in.
- Please allow plenty of extra time for check-in on the first day of camp to complete required paperwork.
- During check-in on the first day, parents/guardians will confirm the list of adults authorized for pick up in the afternoon. Campers will only be released to those listed on the authorized pickup list.
- Dogs and other pets are not allowed at camp or in the sign in area. Pets should be left in the car or at home during pick up and drop off.

**REMINDER: Camp Namanu has a single lane road in and out of camp.**

# Leaving Camp

## ***4:00pm: Families arrive to Namanu for pick up***

1. Show staff your photo ID at the check-out table.
2. Pick-up camper medications from the medications check-out table.

***4:00pm - 6:00pm: Extended Care available for the week  
Available as an add-on during registration. \$50/week.***

## ***5:00pm: Campers arrive to MESD for pick up***

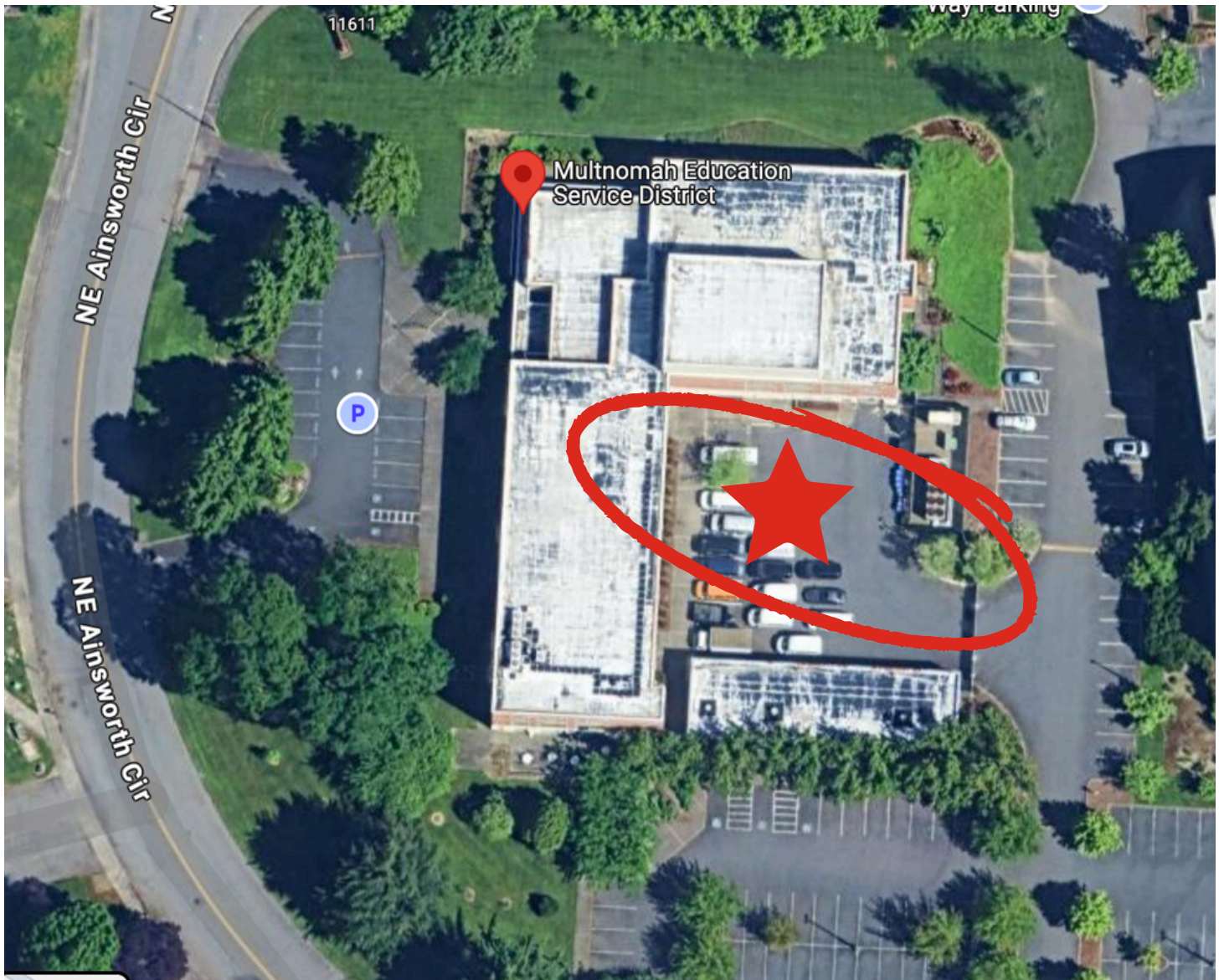
1. Show staff your photo ID at the check-out table.
2. Pick-up camper medications from the medications check-out table.

***Campers will only be released to adults listed on their  
authorized pick-up list - valid photo ID is required at  
pick-up.***

# Leaving Camp: Where to pick up your camper

**Bus Pick Up: 5:00pm**

**Camper Pick-up Location:  
11611 NE Ainsworth Cir, Portland, OR  
97220**



# Important Camp Policies

**Below you will find a selection of important camp policies.**

**Additional information can be found on our website at**

[www.campfirecolumbia.org/namanu/](http://www.campfirecolumbia.org/namanu/)

## ***Health & Wellness***

### ***Specific Needs***

At Camp Namanu, we're committed to providing the best camp experience for all campers. Please help us prepare by sharing any specific needs, including severe food allergies, accessibility challenges, learning disorders or behavioral challenges, in advance by filling out the Camper Health History in detail. If you wish to discuss any specific considerations or accommodations further, please contact [shagen@campfirecolumbia.org](mailto:shagen@campfirecolumbia.org) All specific needs are confidential and are only shared with designated staff on an as-needed basis. Special dietary needs should also be indicated on the health history form.

### ***Medications***

- All medication administered by camp must be provided by parents/guardians, including any over-the-counter medications.
- Prescription medication must be prescribed by a doctor and in its original prescription container with the camper's name printed on it.
- The health supervisor will manage all camper medications.
- Camp does not provide or supply over-the-counter medication.

### ***Injury/Illness***

- In case of illness, camp staff will contact you to pick up your camper, with the expectation that you will pick them up in a timely manner.
- Minor injuries will be dealt with onsite, following any parent/guardian directions listed on the medical release form. You will be informed prior to administration of any advanced medical assistance.
- In the case of a life-threatening situation, emergency medical services will be notified before parents or guardians.



# Behavior Supports

## Behavior Management

We expect all campers and staff to be respectful and inclusive to all members of our Camp Namanu community. Staff receive trauma-informed behavior management training and will work with campers to establish cabin and unit expectations at the beginning of the week. Should peer conflicts or behavior management challenges arise, staff will:

1. Talk with the camper(s) about what happened and discuss what support they need to resolve the issue or avoid the behavior in the future.
2. If the challenge continues, the unit supervisor or manager will speak with the camper(s) to ensure they understand expectations and potential consequences or rewards for their behavior. If a behavior plan is needed, staff may call to consult with families. Behavior plans are a tool we use to support success and are not considered a disciplinary action.
3. If the issue continues or escalates the Camp Director will be pulled in and parent/guardians will be contacted to discuss next steps.

In cases of serious behavior issues, threat of harm or violence towards self or others, staff may bring the issue directly to the Camp Director. Families will be notified and, depending on seriousness of behavior, campers may be exited from program without implementing a behavior plan. Camp fees will not be reimbursed when a camper is sent home due to behavior.

***Please convey to your camper that if they feel threatened or bullied, they should immediately tell their counselor, healthcare staff or another adult they feel safe talking to.***

## Participation Agreement

Please review the following with your camper:

- I will be part of the camp community by sharing my ideas and joining in discussions, by helping out with daily responsibilities of camp living, and by completing kapers when it is my turn.
- I will think about the needs of the other campers and the staff. I will respect the authority of the camp staff and volunteers.
- I will be responsible for my own health: eating meals, getting enough sleep before camp, taking my medication (if applicable) and telling the camp staff if I don't feel well or think something is wrong.
- I will respect all people and places and hold myself to a high standard.
- I will listen carefully to all orientations and will follow all safety precautions for all camp activities. These could include hikes, swimming, archery, water sports or field sports, and also less physically demanding activities, like cookouts, skits, arts and crafts, computers or water play.
- I will give permission for my belongings to be searched, while I am present, when the health, well-being or safety of other campers and/or myself requires it.

# ***Communication & Lost and Found***

## ***Cell Phone Policy***

Camp Namanu is a place for campers to develop independence and self-esteem, learn new skills and make friends. We do not feel the camp experience includes cell phones and encourage all of our campers to unplug, participate and engage in camp and the world around them. Campers are not allowed to use cell phones during camp and are discouraged from bringing them.

## ***Contact Your Camper***

If you need to reach your camper in an emergency, please call the Camp Director at 971-710-2259. We will locate your camper and put them in contact with you.

## ***Lost & Found***

- Label everything with your camper's first and last name in a discreet, non-obvious area.
- A lost-and-found will be maintained at Camp Namanu. Unclaimed items will be donated.
- **Camp Namanu is not responsible for lost items.**